



1535 Crescent Road Clifton Park, NY 12065 (518)371-1469

Summer Speed for Collegiate Soccer Players

(20) Training Sessions in 10 weeks:

- **60 minute Super treadmill speed training with plyo/agility conditioning followed by**
- **30 minute soccer field agility with balls (bring sneakers & cleats)**

When and Where:

- **Wednesdays 7-8:30 pm and Sundays 4-5:30 pm June 1st-Aug 1st**
- **At The Athletic Republic Clifton Park**
- **\$600 for (20) 90-minute Training Sessions (18 sessions plus pre and post test)**

Note: 2 Sessions can be re-scheduled. Sessions unused after September 1, 2011 will be lost.

mail in application with your check(s) to:
Athletic Republic 1535 Crescent Road Clifton Park, NY 12065

Name: _____ Date: _____

Age: _____ Email address: _____

School: _____ Sport(s): _____

Payment Options:

_____ **1-Payment in FULL (Cash, CC, Check)**

_____ **2-50% Payment Check dated June 1st AND post-dated Check dated July 1st**